



# Up Etowah Creek...



Etowah Creek District BSA Newsletter Vol. 3 No. 10 May 2002

**Welcome** to Etowah Creek District [ECD] Cub Scout Leader and Boy Scout Leader Roundtable in Columbia, South Carolina. This showcase for Leaders is held on the 2nd Thursday of every month, starting at 7:00 p.m. We meet at Ashland Methodist Church on Ashland Rd. (off of St. Andrew's Rd.) Be sure to pick up a copy of Smoke Signals, our Council newspaper, and a packet of handouts. Take a minute to read this newsletter, as that will keep the number of announcements to a minimum! This newsletter is also available online at [www.etowahcreek.com/rtnews/may02news.pdf](http://www.etowahcreek.com/rtnews/may02news.pdf) Welcome!  
Lorie McGraw 750-0626 [lmcgraw@sc.rr.com](mailto:lmcgraw@sc.rr.com) Webmaster for ECD

## Cub Roundtable June Theme: Critters, Cubs & Campfires

July and Aug. 2002 Themes:  
Inside Out and Backwards  
Sports Extravaganza

### Get Your Handouts Online!

The ECDVirtualRT group at YahooGroups is a free, easy-to-use

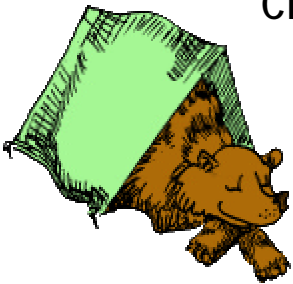
online service for Etowah Creek District members of Boy Scouts/ Cub Scouts of America. Members will be able to share ideas, ask questions, and get the current and past packets of games, ceremonies, and crafts.

### Download and print out exactly what you need each month for all program areas.

Put together your own custom packet of ideas for Den Leaders, Den and Crew Chiefs, and PLCs. Join today!

To subscribe, send an e-mail to:

[ECDVirtualRT-subscribe@yahoogroups.com](mailto:ECDVirtualRT-subscribe@yahoogroups.com)



**Council Program Preview**  
Next Year's Program Preview will be Thursday May 16, 2002 in the Moore School of Business at USC (Room 005/ Belk Auditorium). 7:00 pm.  
Watch for a flyer coming to your unit soon. All units should send a representative to pick up the calendar of events for 2002-2003 and all of the information packets on programs and trainings.  
Updated calendars will also be on the Etowah Creek District Web Page as soon as possible. Keep Tuned!

## Poison Control Center New!! Toll-Free Phone number

**1-800-222-1222**

**Write this number on your phones and on the outside of all of your First Aid Kits, especially in your outdoor/camping kits.**

The American Association of Poison Control Centers has recently launched a **new national toll-free telephone hotline** for poison emergencies 24 hours a day, seven days a week.



The Poison Center can answer questions about household products, chemicals at work or in the environment, drugs (prescriptions, over-the-counter, herbal, illegal or animal medicines), **snakebites, spider bites, plants and mushrooms.**

More than 70 percent of poisonings are preventable. Readers can also call the

hotline for poison prevention information and for stickers to post the new hotline number in their homes. **Having the poison emergency number handy can save a life.**

## WEBELOS LEADER OUTDOOR TRAINING

June 1, 2002

Gilwell Field at Camp Barstow

9am - 7pm (Check-in at 8:30 am)

"If I had not taken this training I would have failed my boys and driven myself crazy. I did not know a knot from a knothole. Thank you for teaching me these Webelos Outdoor Skills!"

*--from a Webelos Leader at Roundtable*



Are you a Webelos Leader? If you are then you must take this fun, informative, and supremely helpful course. This training is designed to help you teach the outdoor program pins in the Webelos Program. Come and learn to do basic camping, campsite selection, outdoor cooking, and knot tying skills for Outdoorsman, learn how to teach the Geologist, and Naturalist pins, as well as the basic first aid for Readyman, identify trees and plants for Forester, and others.

\$15 registration fee covers materials, lunch, and supper, which you will prepare and cook with our supplies.

Learn loads of helpful hints and take away a whole bag of resources for your Webelos Outdoor Program.

Pre-registration with the Course Director is required.

Course size will be limited to 30.

No Walk-Ins.

Call Jim Fisher Course Director (803) 951-3323

### New from National

### Venturing Out: Keys to Safe Driving

Resources to promote driving safety, including a presentation, interactive games, and links to related topics.

<http://www.scouting.org/pubs/25-292/index.html>

"As the light changed from red to green to yellow and back to red again, I sat there thinking about life. Was it nothing more than a bunch of honking and yelling? Sometimes it seemed that way."

## Cub Day Camp

June 10-14 at Cornerstone

**Wild Wild West  
Register Now for a Rootin' Tootin'**

**Cowboy Time!**

**Camp is Filling Up Fast! Register your  
Cowboy Today!**



*Etowah Creek Cub Scout Day Camp  
Cornerstone Presbyterian Church  
5637 Bush River Road, Columbia, SC*

Your Cowpokes and Buckaroos don't want to miss this trip to the past! Go back with us to the Wild West! The Town of Cornerstone has it all! The Round up hours are 5 pm - 9 pm, June 10<sup>th</sup> - 14<sup>th</sup>. Come follow the path to the Reservation, stop by the O. K. Corral, and Kick up your heels at the Stompin' Ground. There will be fun for all, so jump on your buckboard and join us! Send your form and fee to the Scout Shop early! Don't wait, send it in today! **This camp fills up quickly and there is limited space!**

The Registration fee is \$45.00 by May 24<sup>th</sup>. Register at the Scout Shop!  
Contact: Angela Bouknight, Program Director, 781-9094  
aboukn3784@aol.com



## Range Training Saturday, May 11

For 2-year certification to run BB/Archery Ranges for District and/or Council Cub Scout Events such as Day Camp, Cuboree, Resident Camp, Haunted Forest, Family Camping Weekends, Summer Camps, etc.

10:00 a.m. - 11:30 a.m.  
St. John's UMC Activity Building  
44 Roseborough Road, Lugoff, SC  
Behind Heritage Chevrolet

Participants will receive copies of how to set up a range.

Refreshments Provided. Free.

Due to size of classroom - Class Size IS LIMITED

Pre-Register by Friday, May 10  
Phone Keri Kerber - 438-6710 or e-mail  
KKerber1@compuserve.com

## Pirate Waters

### Cub Resident Camp

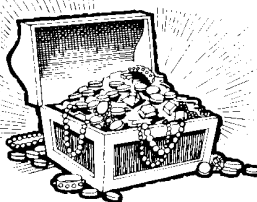
Join the rugged Pirate Crew on **June 7,8, and 9**  
**at Camp Barstow**

This is a residential (overnight) mini-camp for ALL Cub Scouts (RISING Wolves through Webelos).  
Registration for camp will be by Pack only.

**There is still room!!**

**Flyers were mailed to your home.  
Call your Cubmaster today!**

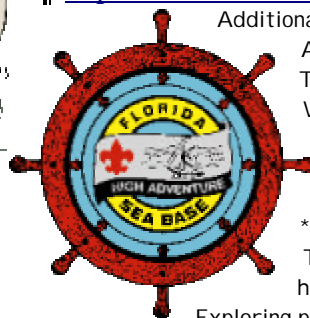
We need your talents and skills to have a successful camp! **To volunteer** with this fantastic adventure, call Travis Wechsler at 407-1095 or e-mail him at [iwccubresident@yahoo.com](mailto:iwccubresident@yahoo.com)



## Sea Base has openings for this SUMMER & WINTER of 2002!!!!

<http://www.bsaseabase.org/res/openings.htm>

Additional dates for Sailing Ships and Out Island Adventures have been added to the mix. To immediately reserve your SUMMER & WINTER of 2002 Adventure, call: 305-664-4173. (Do not call this number for 2003 reservations)



\*NOTES to Summer 2002 Sea Exploring:  
The Florida Sea Base has expanded! We have added a new vessel to our Sea

Exploring program. The crew size is 20 to 25. The cost is \$535.00 per person. Deposit and the half payment fee is due within 3 weeks of making reservations. If you can meet these requirements please call the reservation department ASAP.

Indian Waters Council Website is now  
online

[www.iwc-bsa.com](http://www.iwc-bsa.com) has a new  
look and information for your units.  
Check it out!



## Attention Troops!

### Beaver Day At Barstow May 18

Beaver Day is an opportunity for troops to set program (merit badge) schedules for summer camp, complete advance swim checks, tour Camp Barstow, perform a Beaver Day Service Project, meet the camp staff, interview for Camp Staff and CIT positions, and have a good time. Reservation forms are available in Smokes and at the Council Office



## Vegetarians, Allergies, and Scouting

Do you have a Scout with allergies to milk or eggs? Not certain if that soup mix is okay for a vegetarian in your unit? If you are ever in a situation where you need to be certain there is neither milk nor meat in a product because of religious or allergy reasons, simply look for one of the kosher symbols and the word "parve." To vastly oversimplify, Jewish law forbids eating certain classes of animal including, for example, pork and shellfish), and forbids eating meat or poultry products with milk or milk products. Kosher foods are thus divided into 3 categories:

Meat: includes beef, lamb, chicken, etc.

Milk: includes milk, milk products, milk components (casein, whey, lactose)

Parve (or Pareve): fruits, vegetables, grains, fish, eggs. Foods classified as parve contain no milk or meat products. Kosher products marked "dairy" have some milk product in them, so you will have to check the labels. Eggs are also considered "parve" so you will have to check labels for that also if that is one of your concerns. But knowing about parve may help your visit to the store when shopping for special foods for your scouts.

## Internet Site of the Month

### Jazzman's Knotting Page

<http://www.nationwide.net/~jazzman/knotter/index2.html>

Excellent info on Knotting games, relays, how-to-tie knots, Friendship Knots and Woggles, rope fonts, hitching rails, and more. Unusual, informative, and entertaining site.



## Important Dates

### District Calendar is Online!

Training Dates, Events, District Meeting info, Council Events, etc. Check on the [www.etowahcreek.com](http://www.etowahcreek.com) website and click on District Calendar. Or go directly to [http://www.calsnet.net/etowah\\_calendar](http://www.calsnet.net/etowah_calendar)

#### May 2002

- 11 Range Training 10:00 a.m. St. John's UMC Activity Building Lugoff Contact Keri Kerber - 438-6710
- 16 Council Program Preview Contact Vance Lackey at 750-9868 for more information.
- 17-19 OA Ordeal/Induction Camp Barstow
- 18 Beaver Day at Barstow Bring your tools
- 21 Lex. 2 student last day of school
- 27 Service Center Closed
- 28 Youth Protection Training call 932-0102 Steve Follman
- 30 Lex. 5 Last Day of School

#### June 2002

- 7-9 Pirate Waters Resident Camp at Barstow
- 10-14 Wild West Day Camp Cornerstone Presby,

#### August 2002 *Training Locations To Be Announced in August*

- 8 Roundtable AUMC 7 pm
- 24 NLE 8:30 am - 10 am
- 24 Cub Leader Specific 10 am- 3:30 pm

#### September 2002 *Training Locations To Be Announced in August*

- 7 BALOO Training 8:30 a - 4:30 pm
- 7 Den Chief Training 8:30 a - 4:30 pm
- 12 Roundtable AUMC 7 pm

#### October 2002 *Training Locations To Be Announced in August*

- 10 Roundtable AUMC 7 pm
- 15 NLE 7-10 pm Includes Youth Protection Training
- 22 Cub Leader Specific 7-10 pm

#### Youth Protection Training Dates 2002:

- May 28 Contact Steve Follman 932-0102
- Nov. 14 Before Roundtable AUMC 6:30 pm
- Feb. 13 Before Roundtable AUMC 6:30 pm



## Midlands Intertribal Powwow

May 17 - May 19

<http://www.powwows.com/mieg/>

Come celebrate Native American Culture with us! Go to the website for the schedule and admission information. May 17-19 at the State Fair Grounds in Columbia, SC. Drumming, dancing, exhibits, food, and displays. Tribal merchandise and goods for sale. For more information contact Paul Gowder [pgowder@powwows.com](mailto:pgowder@powwows.com)



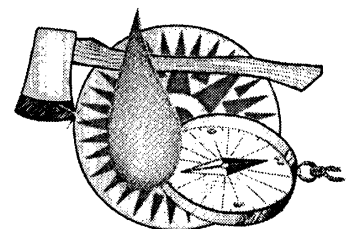
## Calling All Scouters!

### Roundtable Needs You!

Do you have skills that you can share? **Of course you do!**

Roundtable is in need of volunteers for several tasks such as: helping with skits, leading games or songs, teaching scout skills, helping with crafts, bringing door prizes or food, or being available to fill in the gaps. If

there is something in particular that you'd like to assist with at Roundtable, please contact Sheryl Wechsler (407-1095, [sherylw@sc.rr.com](mailto:sherylw@sc.rr.com)), Travis Wechsler 407-1095, or better yet, come to Roundtable on the second Thursday of the month and let me know what you'd like to do!



## Have Diabetes, Will Travel

(From the Backpacker.com site)

By *Buck Tilton, BACKPACKER Contributing Editor, April 2001*

It's been in the headlines a lot lately: Diabetes is on the rise in the United States, with the number of people diagnosed increasing nearly 40 percent over the past 10 years. While it is a serious condition, diabetes isn't reason to avoid the wilderness, as long as you know how to monitor and treat it.

- *Practice on overnight and weekend trips* before undertaking longer treks. Changes in physical activity, eating patterns, and climate affect how much insulin a diabetic needs, and how often. By starting slowly, he or she can accommodate the new requirements.
- *Know how to recognize and treat diabetic emergencies.* Problems can rapidly become life-threatening when a diabetic has insulin, but not enough sugar, in his system. When this happens, the person is unable to communicate normally and exhibits confusion and irritability. Other symptoms are hunger, sweating, loss of coordination, headache, tremors, slurred speech, dizziness, and possibly seizures. He or she needs sugar in its simplest form—candy or glucose tablets, for instance—right away. DO NOT give insulin.
- *Learn how to use a glucometer*, which measures the blood sugar level. Have the diabetic check his or her blood glucose often during the first few days of the trip. If readings are high, reduce the amount of carbohydrates consumed before increasing the insulin dose.

### Packing Checklist

- Carry two times the insulin, glucagon, and sterile syringes you think you'll need. *Divide the supplies* and ask a hiking partner to carry half, in case one set is lost.
- When it's cold outside, insulin must be carried near the body to prevent freezing. Good spots to keep it are in an inner jacket pocket during the day and at the bottom of your sleeping bag at night.
- Protect insulin from overheating in hot climates. Keep it out of direct sunlight, and in the heat of summer, carry insulin in a "diabetic kit" gel-pack cooler (commercially available). Protect glass insulin vials by storing them in a hard case.
- Carry spare batteries for the glucometer.
- Pack nutrient-dense foods like nuts and dried fruits, which release sugar slowly into the body, for snacks. Check with your doctor to see if certain brands of energy bars can be tolerated.

Adventure Foods (828-497-4113;

[www.adventurefoods.com](http://www.adventurefoods.com)) will pack trail food especially for diabetics.

For diabetic menu suggestions, check out Moveable Feast Online at [www.backpacker.com/moveablefeast](http://www.backpacker.com/moveablefeast)

There was a young fellow named Hall  
Who fell in the spring in the fall;  
T'would have been a sad thing,  
If he died in the spring,  
But he didn't - he died in the fall.

## Adopt A Guardsman

You can support our troops here and overseas through the **South Carolina Adopt-A Guardsman program.**

Everyone across the nation has been affected by the events of September 11, but no one has been as greatly affected as have been the men and women of the armed forces.



Among them are 1,000 South Carolina Guardsmen who have been called away from their families, jobs, and communities to perform vital missions in the War on Terrorism. The **Adopt-A-Guardsman** program has been established to allow citizens, civic organizations, churches, public and private schools, as well as businesses and employers of Guardsmen to show their support for the men and women who have answered the call to active service.

### Adopting a guard is simple.

Just send a letter or card to Adopt-A-Guardsman, The Sumter Guards, 2129 Cosgrove Avenue, N. Charleston, SC 29405.

For security reasons the program's directors ask that you address your card or letter to "Any Army or Air Guard Member."

You can also send items such as a music CD, movie videos, decks of playing cards, board games, inspirational books or magazines.

For more information on the Adopt-A-Guardsman program call 866-SC-GUARD.

## Scouters' Corner

### Torch for the world

There burns a torch in every heart,  
The torch of friendship true,  
Its flame unites the world o'er,  
The far, the near, the old, the new.  
It kindles a fire of strong desire  
To learn, to love, to live,  
To try the best that one can try,  
To give the most that one can give.  
Not always was this great flame thus,  
It was at first a spark.  
It grew, and rose to glorious heights  
And pierced the lonely dark.  
Its smoke continues to the sky,  
Bearing a wish from every place,  
That we may ever live in peace,  
And cherish every race.  
Lift high the torch of friendship, then,  
As with true Scouts we stand  
A body pledged to high ideals,  
As guardians of the land.

Top 10 reasons for procrastinating

1.